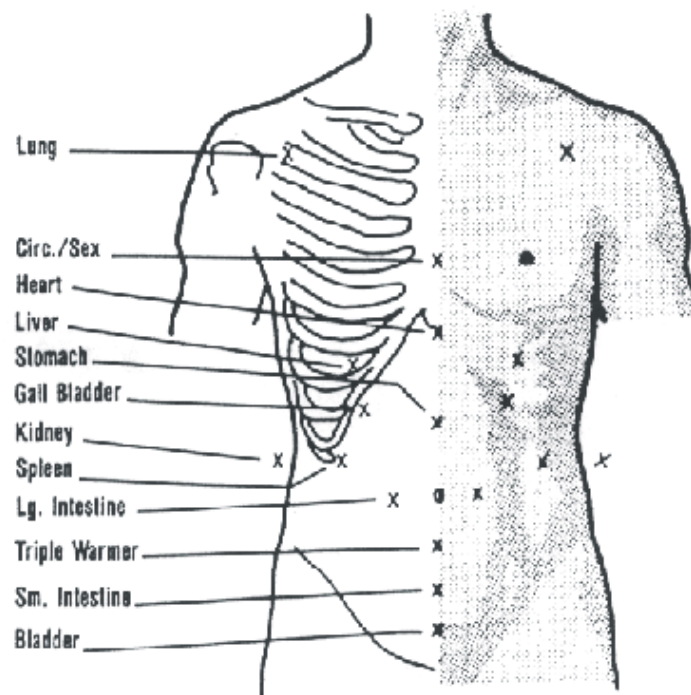


The Alarm Points

Meridian	Alarm Point	Position
Stomach* St	Central 12 Cv12	Halfway between the xiphoid process and umbilicus.
Spleen Sp	Liver 13 Li13	Just anterior to tip of 11th (first 'floating') rib.
Heart* Ht	Central 14 Cv14	The tip of the xiphoid process below sternum.
Small Intestine* SI	Central 4 Cv4	About 1" above the top of the pubic bone
Bladder* Bl	Central 3 Cv3	Just on the top of the pubic bone.
Kidney K	Gall Bladder 25 GB25	Just anterior to the top of the 12th rib.
Circulation/Sex* Cx	Central 17 Cv17	Level with the nipples.
Triple Warmer* TW	Central 5 Cv5	About 1" up from central 4.
Gall Bladder GB	Gall Bladder 24 GB24	Just below the joining of the 9th rib and costal border.
Liver Li	Liver 14 Li14	Where a plumbline from the nipple crosses the rib cage's costal border.
Lung Lu	Lung 1 Lu1	The beginning point of the Lung meridian.
Large Intestine LI	Stomach 25 St25	On stomach meridian, level with umbilicus.

* - Midline Alarm points rather than bilateral



ALARM POINTS